



Dry Skin Quenching System Home Care Regimen

AM Compliance

Step 1: Cleanse with **Ultra Gentle Enzyme Cleanser**.

Step 2: Hydrate with **Advanced Hydrating Serum** for intense hydration.

Step 3: Exfoliate, nourish, and stimulate with **Lactic Nutrient Crème**. If used only once a day, use at night.

Step 4: Nourish, protect, and replace moisture with **Phytosome Nutrient Crème**.

Step 5: Protect with **Ultra Protection SPF 30**.

Step 6: Total Eye Care. Apply **Botanical Eye Crème** around the delicate eye tissue.

Step 7: (Optional) Apply makeup.

PM Compliance

Step 1: Cleanse with **Ultra Gentle Enzyme Cleanser**.

Step 2: Stimulate with **Collagen-C Young Skin Complex**.

Step 3: Nourish and exfoliate with **Lactic Nutrient Crème**. If you are using Retin-A or Renova, mix a pea size portion of Retin-A with a pea size portion of **Lactic Nutrient Crème** and then apply the mixture evenly over your skin.

Step 4: Nourish, protect, and replace moisture in your skin with **Phytosome Nutrient Crème**.

Step 5: Total Eye Care. Apply **Botanical Eye Crème** around the delicate eye tissue.

Note: Not all of the products listed in these steps are included in this system. While this system contains amazing products that will achieve dramatic Visual Changes® in your skin, the additional products mentioned in the above steps will help produce even more dramatic results. Additionally, your doctor may recommend a prescription to use in conjunction with this Home Care Compliance Program.

If you have any questions, please call your skin care specialist: _____