



## Post-Microdermabrasion Skin System Home Care Regimen

### AM Compliance

**Step 1:** Cleanse with **Ultra Gentle Enzyme Cleanser**.

**Step 2:** Hydrate/Calm either with **Advanced Hydrating Serum** - for intense hydration or **Advanced Calming Serum** - for calming and soothing. These may be rotated.

**Step 3:** Nourish, protect, and replace moisture in your skin with **Light Recovery Complex**.

**Step 4:** Protect with **Ultra Protection SPF 30**.

**Step 5:** Total Eye Care. Apply **Eye Youth** or **Botanical Eye Crème** around the delicate eye tissue.

**Step 6:** (Optional) Apply makeup.

### PM Compliance

**Step 1:** Cleanse with **Ultra Gentle Enzyme Cleanser**.

**Step 2:** Exfoliate/Clean/Hydrate. **Derma Scrub Microdermabrasion Crème** eliminates damaged skin thereby stimulating new, young, healthy, skin cells to emerge. It also enhances the efficacy of professional treatments. **Double Enzyme Masque** helps reduce dead skin cell buildup leaving your skin clean and soft. **Fruit Acid Masque** exfoliates and helps keep your pores from clogging, leaving your skin fresh and clean. **Purifying & Calming Masque** helps keep your pores purified and clean and reduces inflammation and redness. **Skin Soothing Masque** is used to calm and hydrate your skin. Use one or all at least once a week.

**Step 3:** Stimulate with **Collagen-C Young Skin Complex**.

**Step 4:** (Optional) Exfoliate with **Skin Resurfacing Crème 12%** or **Skin Resurfacing Gel 12%** as tolerated.

**Step 5:** Nourish, protect, and replace moisture in your skin with **Light Recovery Complex**.

**Step 6:** Total Eye Care. Apply **Eye Youth** or **Botanical Eye Crème** around the delicate eye tissue.

**Note:** Not all of the products listed in these steps are included in this system. While this system contains amazing products that will achieve dramatic Visual Changes® in your skin, the additional products mentioned in the above steps will help produce even more dramatic results. Additionally, your doctor may recommend a prescription to use in conjunction with this Home Care Compliance Program.

**If you have any questions, please call your skin care specialist:** \_\_\_\_\_